

Unit Overview Table						
Unit No	Unit Title	GLH-In Person	GLH – Zoom (Online)	Private Study Hours	TQT	Level
1	Foundations of Couple Counselling	14	6	16-20	36-40	6
2	Communication Patterns and Conflict Dynamics	14	6	16-20	36-40	6
3	Working with Attachment Styles and Early Imprints	14	6	16-20	36-40	6
4	Sexual Intimacy and Emotional Closeness	14	6	16-20	36-40	6
5	Ethics, Boundaries, and Therapist Reflexivity	14	6	16-20	36-40	6
	Total	70	30	80-100	180-200	