

Unit Overview Table					
Unit Title	Guided Learning Hours	Zoom Online Hours	Private Study Hours	TQT	Level
Foundations of Couple Counselling	14	6	100	120	6
Communication Patterns and Conflict Dynamics	14	6	100	120	6
Working with Attachment Styles and Early Imprints	14	6	100	120	6
Sexual Intimacy and Emotional Closeness.	14	6	100	120	6
Ethics, Boundaries, and Therapist Reflexivity	14	6	100	120	6
Total	70	30	500	600	
<p><b>Total Taught (Guided Learning) Hours: 100</b></p> <ul style="list-style-type: none"> <li>• 70 hours delivered face to face</li> <li>• 30 hours delivered online via Zoom</li> </ul> <p><b>Total Private Study Hours: 500</b> (directed and independent study, including reading, reflective journaling, skills practice, and assessment preparation)</p> <p><b>Total Qualification Time (TQT): 600 hours</b></p>					