

Unit Overview Table					
Unit Title	Guided Learning Hours	Zoom Online Hours	Private Study Hours	TQT	Level
Foundations of Couple Counselling	14	6	100	120	6
Communication Patterns and Conflict Dynamics	14	6	100	120	6
Working with Attachment Styles and Early Imprints	14	6	100	120	6
Sexual Intimacy and Emotional Closeness.	14	6	100	120	6
Ethics, Boundaries, and Therapist Reflexivity	14	6	100	120	6
Total	70	30	500	600	

**Total Taught (Guided Learning) Hours: 100**

- 70 hours delivered face to face
- 30 hours delivered online via Zoom

**Total Private Study Hours: 500 (directed and independent study, including reading, reflective journaling, skills practice, and assessment preparation)**

**Total Qualification Time (TQT): 600 hours**