

Navigating Uncertain Times with Resilience and Grace

Geometric Shapes Coloring Pages

Color and decorate the geometric shapes below!

Here's how the shapes could symbolically represent the themes of resilience, grace, and mindfulness:

1. Hexagon (Resilience)

- The hexagon is found in nature (e.g., honeycombs) and symbolises strength, balance, and interconnectedness. Its sturdy structure aligns with the concept of resilience, representing the ability to endure and adapt through challenges.

2. Octagon (Grace)

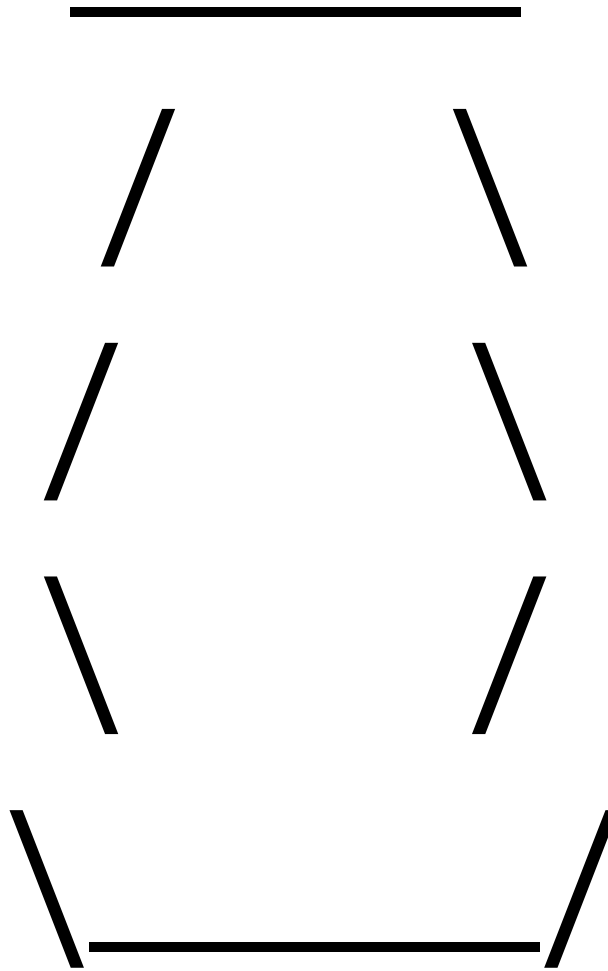
- The octagon's symmetry and smooth transitions between angles convey harmony and elegance. This shape symbolises grace, embodying balance and fluidity in handling life's challenges with poise.

3. Dodecagon (Mindfulness)

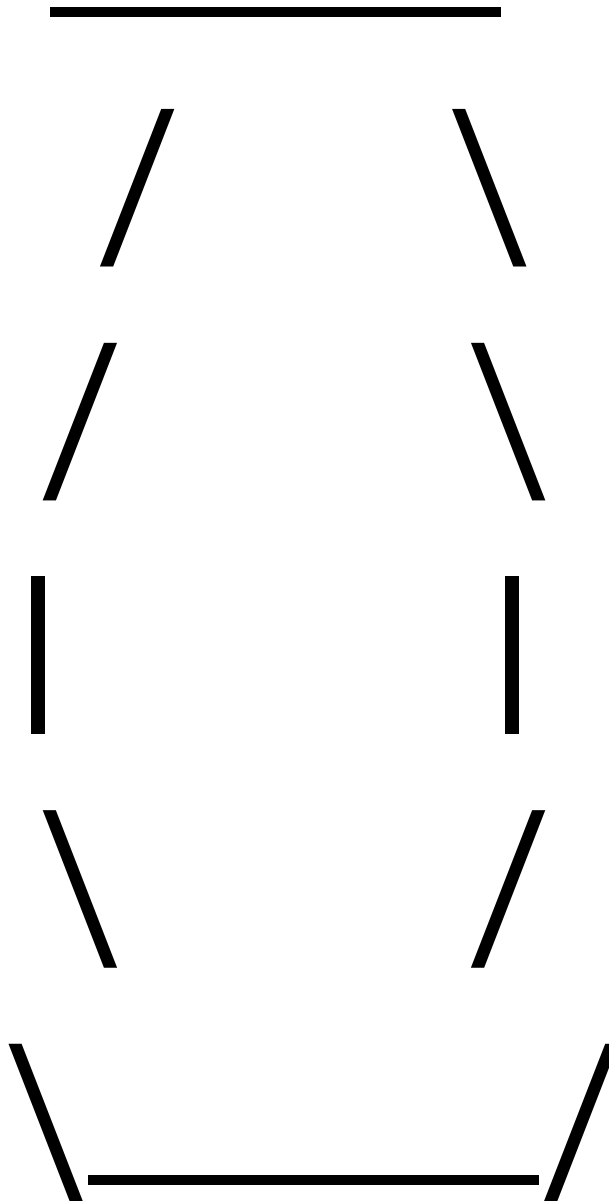
- With its 12 sides, the dodecagon represents wholeness, complexity, and focus. Its intricate structure encourages attention to the present moment and reflects the multifaceted nature of mindfulness, embracing all aspects of awareness.

This alignment can create a deeper connection between the shapes and the themes, making the colouring experience more meaningful. Ultimately, this exploration of symbolism aims to enhance our understanding of the symbolic meanings of shapes in relation to personal themes.

Hexagon:



Octagon:



Dodecagon:

