



*Reflect on Academy*

## **FREE AND LOW-COST AFFORDABLE COUNSELLING SERVICE OPEN DAY**

### **REFLECT ON ACADEMY (ROA)**

### **FREE AND LOW-COST PHONE AND ONLINE (VIA ZOOM) COUNSELLING SERVICES ARE AVAILABLE TO THE COMMUNITY**

Looking for low-cost counselling but cannot attend in-person appointments? ROA provides free or reduced, affordable, and efficient service. No weekly commute to meetings. You can access your meeting from any location and at a time that works for you.

#### **BENEFITS OF ZOOM AND PHONE COUNSELLING**

One of the main benefits of counselling via Zoom or phone is its convenience and accessibility. You can participate in your counselling session from the convenience of your home, office, or any other location. This makes it much easier to fit counselling into your schedule without worrying about commuting to a physical location.

#### **LOW-COST COUNSELLING**

Our low-cost option is for those receiving benefits or with limited finances.

#### **FREE COUNSELLING**

To access our free counselling services, proof of unemployment is required.

## **SAVE THE DATE**

## **FREE OPEN DAY**

**JOIN US FOR A FREE OPEN DAY  
AND USE THIS OPPORTUNITY:**

- **TO LEARN ABOUT OUR SERVICES**
- **HAVE YOUR QUESTIONS ANSWERED**

### **WHEN?**

**JULY 22, 2023  
11AM – 1PM**

### **WHERE?**

**HEBRON HALL  
CHRIST CHURCH PURLEY  
859-887 BRIGHTON ROAD  
PURLEY CR8 2BN**

### **PHONE**

**0778 7172968  
07405 451406**

### **EMAIL**

**[info@reflectonacademy.co.uk](mailto:info@reflectonacademy.co.uk)**

### **WEB ADDRESS**

**<https://reflectonacademy.co.uk>**

**Our free open day provides prospective clients with an informative opportunity to learn about the types of counselling ROA counselling services provide.**